

NEELKANTH VIDYAPEETH, HYDERABAD

29th Sept, 2025 Circular No. 016/ 2025-'26

<u>Subject:</u> Empowering Young Minds – Vacation Guidelines and Activities

Dear Parents,
Jai Swaminarayan!!!

Warm greetings from Neelkanth Vidyapeeth.

As we conclude the first term, we extend our heartfelt gratitude for your continued support in nurturing your ward's growth. Your partnership has been instrumental in upholding the values and discipline we strive to instill. We sincerely look forward to your cooperation in the second term as well.

At school, our daily routine—anchored in yoga, pooja, academics, and sports—has been thoughtfully designed to foster holistic development. We kindly request you to continue this pattern at home during the vacation. This consistency will help your ward internalize these practices and carry them forward meaningfully, even in our absence.

The upcoming vacation offers a valuable opportunity for students to recharge, reflect, and refine their skills. We recommend the following daily schedule and activities to support their overall development:

1. Suggested Daily Routine:

- Rise & Shine: Wake up by 6:00 AM to set a positive tone for the day.
- <u>Mind & Body:</u> Practice yoga or engage in fitness activities to promote physical and mental well-being.
- Spiritual Growth: Participate in pooja (7:00–7:30 AM), seek blessings from elders, and observe Ekadashis with devotion.
- Nourish & Refresh: Enjoy wholesome meals with family to strengthen bonds and promote well-being.
- <u>Academic Pursuits:</u> Focus on assignments, project work, and working models to reinforce classroom learning.
- <u>Creative Expression:</u> Engage in games, sports, and hobbies that spark joy and creativity.

2. Academic Engagement:

• <u>Holiday Activities:</u> Exciting projects and tasks have been uploaded on the school app as of September 27th. Kindly encourage your ward to explore and participate actively • <u>Teacher Support:</u> Students may reach out to subject teachers via phone or WhatsApp for guidance and clarification. Contact numbers of respective teachers are available on the school app.

3. Spiritual Observance - Ekadashi Significance:

We encourage students to observe the following Ekadashi during the vacation:

- <u>Papankusha Ekadashi (October 3rd)</u>: Brings freedom from sins, peace, happiness, and protection from obstacles.
- Rama Ekadashi (October 17th): Offers relief from financial difficulties, prosperity, family harmony, and spiritual upliftment.

4. Benefits of Following the Routine

By embracing this structure and observing spiritual practices, students will:

- Develop discipline, responsibility, and self-reliance
- Enhance physical, mental, and spiritual well-being
- Strengthen academic understanding and skills
- Discover and nurture personal interests and creativity

We trust that with your support, this vacation will be a time of meaningful growth and rejuvenation for your ward. Should you have any queries or suggestions, please feel free to contact us.

Thank you once again for your continued partnership.

Warm Regards,
PRINCIPAL
NEELKANTH VIDYAPEETH